

1) Routine Consultation Questionnaire

Nottinghamshire Practice (Training)

If the person you want to message is not listed you can invite them if you know their email address.

THIS FORM WILL BE REVIEWED BY THE SURGERY STAFF AND WE SHALL AIM TO RESPOND WITHIN TWO WORKING DAYS

You must not use this service and you should call 999 immediately if you have:

- **signs of a heart attack - pain like a very tight band, heavy weight or squeezing in the centre of your chest**
- **signs of a stroke - face drooping on one side, can't hold both arms up, difficulty speaking**
- **severe difficulty breathing - gasping, not being able to get words out, choking or lips turning blue**
- **heavy bleeding - that won't stop**
- **severe injuries - or deep cuts after a serious accident**
- **seizure (fit) - someone is shaking or jerking because of a fit, or is unconscious (can't be woken up)**

- **sudden, rapid swelling - of the eyes, lips, mouth, throat or tongue**

Covid-19 Screening

Do you have a high temperature or a fever? You don't need a thermometer or to know a precise temperature. If you feel hot to touch on your chest or back answer 'yes'

Do you have a new continuous cough? New: means a cough that you've not had before, or if you usually have a cough, it's got worse. Continuous: means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours.

Have you had a new loss or change to your sense of smell or taste? This means you've noticed you cannot smell or taste anything or things smell or taste different to normal

If you have selected 'yes' for any of the questions above your symptoms may suggest that you could have a coronavirus infection. You should not visit or attempt to visit your practice and should visit <https://111.nhs.uk/>

If none of the above apply to you please complete the questions below

This service is not for emergency use and you must contact the surgery directly (or call 111 if the surgery is closed) if:

- **Your problem is urgent and you need urgent medical assistance**
- **If any of the previously asked questions are applicable to you**

Is this:

a new issue

a follow up query

prescription query

Other

Please describe your current symptoms or issue?

Have there been any recent changes?

Is there anything you are particularly worried about?

Have you any thoughts about how you would like us to help you?

Are there any pictures or files you would like to attach?

If Yes selected above - Please attach the Image/File within the Files tab in Patients know Best

Has a particular clinician already been dealing with this problem?

How would you prefer us to contact you?

If needed we will offer a face to face appointment

If you prefer phone contact please provide us with the best contact number for you:

If your query becomes urgent within that timeframe please call the practice or 111 if out of hours or 999 if necessary.

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Choose privacy

Choose privacy setting to determine who has access. For example, changing HIV to "General Health" means that everyone who has access to your general health record can see the diagnosis while changing it to "Sexual Health" means only those who have access to your sexual health record can see it.

General health

Most of your health record is general health and includes information that most health professionals will use to deliver care

Social care

Information about the care you receive from your local authority social care team, including disability funding. This is very useful in helping to manage home care services

Mental health

Information about mental health conditions, for example diagnoses of anxiety, depression or schizophrenia. It is very useful for your GP to see such information alongside your mental health team

Sexual health

Information about sexual health. This includes reproductive health and sexually transmitted infections

Cancel

Submit



