

Asthma Questionnaire

Nottinghamshire Practice (Training)

If the person you want to message is not listed you can invite them if you know their email address.

During the past 4 weeks, how often did your asthma prevent you from getting as much done at work, school or home?

(1) All of the time

(2) Most of the time

(3) Some of the time

(4) A little of the time

(5) None of the time

During the past 4 weeks, how often have you had shortness of breath?

(1) More than once a day

(2) Once a day

(3) 3-6 times a week

(4) 1-2 times a week

(5) Not at all

During the past 4 weeks, how often did your asthma symptoms (wheezing, coughing, chest tightness, shortness of breath) wake you up at night or earlier than usual in the morning?

(1) 4 or more times a week

(2) 2-3 nights a week

(3) Once a week

(4) Once or twice

(5) Not at all

During the past 4 weeks, how often have you used your reliever inhaler (usually blue)?

(1) 3 or more times a day

(2) 1-2 times a day

(3) 2-3 times a week

(4) Once a week or less

(5) Not at all

How would you rate your asthma control during the past 4 weeks?

(1) Not controlled

(2) Poorly controlled

(3) Somewhat controlled

(4) Well controlled

(5) Completely controlled

Over the past year how many exacerbations (spells of poor asthma control) have you had? (Please enter number of times)

Over the past year have you smoked at all? Yes No**Over the past year have you been exposed to somebody else's cigarette smoke?** Yes No**If you have a Peak Flow meter, please record your current peak flow result here: (litres / min)****Choose privacy**

Choose privacy setting to determine who has access. For example, changing HIV to "General Health" means that everyone who has access to your general health record can see the diagnosis while changing it to "Sexual Health" means only those who have access to your sexual health record can see it.

 General health

Most of your health record is general health and includes information that most health professionals will use to deliver care

 Social care

Information about the care you receive from your local authority social care team, including disability funding. This is very useful in helping to manage home care services

 Mental health

Information about mental health conditions, for example diagnoses of anxiety, depression or schizophrenia. It is very useful for your GP to see such information alongside your mental health team

Sexual health

Information about sexual health. This includes reproductive health and sexually transmitted infections

Cancel

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